


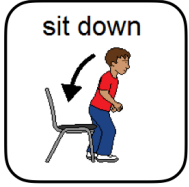












Sensory Timetable

Time	Activity	What to be aware of	
	<p>People start to arrive about 10.30am. People are chatting and walking around, they want to say hi and get to know you.</p>	<p>People will speak to you and say "hi". People will be walking around. Children are here at this time too. You may want to arrive at 11am</p>	
	<p>Church starts with someone at the front welcoming everyone.</p>	<p>People will be finding their seats. There will be noises that are not controlled at this time, but it will settle down. Do you have noise defenders?</p>	
	<p>Worship begins – we have a worship team. There are different instruments and people are clapping. There might also be people waving banners.</p>	<p>This is a noisy time which goes on for about 30 minutes. Children don't have to stay in their seat: they can walk around or they can join in with the singing or they can play with their favourite toy.</p>	
	<p>Notices – someone will come to the front and explain what is happening within the church.</p>	<p>There will be clapping and we also sing happy birthday.</p>	
	<p>Jim Jams or creche – children go to their different groups. Parents go with creche children and Jim Jams is led by our children's workers.</p>	<p>Jim Jams – there will be noise of other children, clapping, singing and children moving around. Creche - noise from other children, such as crying or sound from the activities.</p>	
	<p>Preach – there will be a different people preaching every week. People are seated in their chair and someone might sit next to you.</p>	<p>There is a fairly consistent noise at this time. Videos may be shown and there will be something on the screen to help you move along with the preach.</p>	
	<p>Church finishes – it might finish after the preach or with another song. Parents go and collect their children.</p>		
	<p>Tea and coffee – this is a busy time with people carrying hot drinks and milling around and talking to each other. People are setting down and putting chairs away.</p>	<p>There might be loud bangs or children playing. People might come and speak to you or stand close to you. You can go in the playground or find a quiet place to eat your biscuits.</p>	